



The Weekly One-Hour Accountability Check-Up

Areas I am struggling with:

I need my brothers to pray for me about this and follow up with me next week

Use these questions as a guide for you session. It is not necessary to ask every question, but be sure that you cover each area every week.

Questions to Start

- How has God blessed you this week? (What went right?)
- What problem has consumed your thoughts this week? (What went wrong?)

Spiritual Life

- *God's Word*: Have you read it consistently? (How many days? How long? Why not? Will you next week?) What has God been teaching you?
- *Prayer*: Describe your prayers for yourself, for others, praise, confession, gratitude. How is your relationship with Christ evolving?
- *Temptation*: How have you been tempted this week? How did you respond?
- *Confession*: Do you have any unconfessed sin in your life?
- *Worship*: Did you worship in church this week? (Was your faith in Jesus strengthened? Was He honored?)
- *Witness*: Have you shared your faith? In what ways? How can you improve?

Home Life

- *Wife*: How is it going with your wife? (time, meaningful conversation, attitudes, intimacy, irritations, disappointments, her relationship with Christ)
- *Children*: How is it going with your children? (giving encouragement, quantity and quality time, values, education, spiritual welfare)
- *Finances*: How are your finances? (debts, sharing, saving, spending, stewardship)
- *Time*: How have you invested your time around the house?

Work Life

- *Job*: How are things going? (career progress, relationships, temptations, work load, stress, problems, working too much?)

Critical Concerns

- *God's Will*: Do you feel you're in the center of God's will? Do you sense His peace?
- *Thought Life*: What are you wrestling with in secret?
- *Service*: What have you done for someone else this week which can't be repaid? (the poor, encouragement, mercy, service to others)
- *Priorities*: Are your priorities in the right order?
- *Integrity*: Is your moral and ethical behavior as it should be?
- *High-Risk*: How are you doing in your personal high-risk area?
- *Transparency*: Is the "visible" you and the "real" you consistent in our relationship? (if not, in what ways?)

Prayer

- Close the one-hour accountability check-up with ten to fifteen minutes of prayer. Focus on concerns of the week.

Areas my brothers are struggling with:

I need to pray for and follow-up this week